

## DETOXIFICATION / BODY PURIFICATION PROGRAMME



**Detoxification & Rejuvenative Program, which includes Panchakarma procedures, is meant to purify the whole body by eliminating the accumulated toxins from it. This package includes treatments like Abhyanga (Ayurveda body massage), Swedana (herbal steam bath), Vamana (Emesis), Virechana (Purgation), Sneha vasti (Medicated oil enema), Kashaya vasti (Medicated decoction enema), Nasya (Drug administration through nose), Shirodhara, Tarpana, Face care & some other therapies customized individually.**

**The specialty of this treatment is that it can be administered both in a healthy, as well as the diseased person. When a healthy person subjects himself to Panchakarma, it has a preventive, restorative and rejuvenative effect on the body. Panchakarma administered to a diseased person, after careful examination and diagnosis of the condition, eliminates the accumulated toxins from the body, which had been root cause of the ailment. Any one or two these procedures are offered in this package based on individual requirements and the duration of the treatment as prescribe by our doctor at our center.**

**DURATION : 2.5 HOURS PER DAY | PRICE : INR 28000 FOR 8 DAYS**

FOR RESERVATION CONTACT AT [info@charakayurveda.com](mailto:info@charakayurveda.com) VISIT US AT [www.charakayurveda.com](http://www.charakayurveda.com)